

Professional Disclosure Statement
Nina M. Class, M.S., LMFT
Life Essentials Health Center

Professional Qualifications
Licensed Marriage and Family Therapy

Education
Master's Degree in Marriage and Family Counseling
&
Mental Health Counseling
Bachelor's Degree in Psychology
Minor Christian Social Ministry
Palm Beach Atlantic University

Professional Experience
ABA Therapist
ABA Supervisor
Behavioral School Shadow
Pregnancy Counselor
Nutrition and Health Counselor

Areas of Expertise
Health and Wellness Workshops and Seminars, Lifestyle Makeovers, ABA Counseling and Supervision, Play Therapy, Pregnancy and Family Planning, Parent Training, Behavioral School Shadow, Dating and Relationships, Family Wellness

Ethics
Mrs. Class follows the code of Ethics of the American Association of Marriage and Family Therapists. These ethical codes include direction for therapists working with clients. One example of ethical behavior expected of all therapists and counselors is around sexual conduct: "...sexual intimacy between a practitioner and a client is never acceptable." **If you have any questions about your therapist's training, credentials, or experience, please ask Mrs. Class in your sessions.**